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Men, Women, and the Power of Empathy: You Can Really Connect with Him! (Paperback)

By R Maslow A R Maslow, A R Maslow

iUniverse, United States, 2006. Paperback. Book Condition: New. 202 x 128 mm. Language: English . Brand New Book ***** Print on Demand *****. Does this sound familiar: A woman in relationship with a man finds herself complaining that he can't just listen and try to understand her feelings and experience? During arguments, he acts like he's being attacked and tries to prove he's right with the facts? When she's upset, he accuses her of over-reacting; when he's upset, he insists that nothing is wrong? Don't give up. Men, Women, and the Power of Empathy breaks this painful stalemate. It helps you and your partner gain understanding and practical strategies to fully tap the benefits of an empathic connection. Working together, you will learn to let go of being right; avoid having to fix it; express clean anger; know more of what you feel; and care for your relationship as a separate entity. Yes, men have difficulty grasping the entirety of empathy. When you both understand and respect his hidden vulnerabilities, what threatens and shames him, behind his defensive mask, you will find he can lower his guard and reveal the empathic person...



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Reviews

A brand new e book with a brand new standpoint. It really is simplified but unexpected situations in the 50 % of the publication. Your daily life period will likely be transform as soon as you full looking over this publication.

-- Dr. Carmine Hammes

Simply no words to spell out. It can be rally fascinating through studying period of time. You will not really feel monotony at any moment of your own time (that's what catalogues are for concerning if you ask me).

-- Dr. Isabella Turner