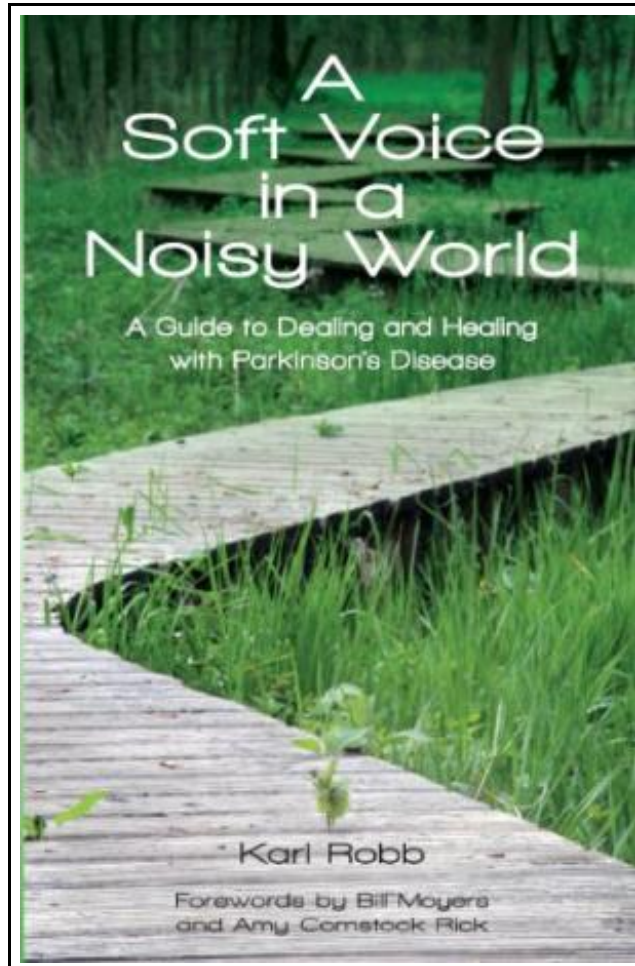


A Soft Voice in a Noisy World



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Reviews

This book will not be straightforward to start on studying but really fun to read. it absolutely was writtern really flawlessly and helpful. You can expect to like just how the writer write this publication.
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A SOFT VOICE IN A NOISY WORLD

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RobbWorks. Paperback. Book Condition: New. Gus Yoo (illustrator). Paperback. 326 pages. Dimensions: 8.5in. x 5.5in. x 0.8in. Whether you are newly diagnosed or have had Parkinsons disease for many years, or you are younger or older, the lessons that Karl Robb offers in this book will apply to your situation. A culmination of over twenty years of personal experience, in *A Soft Voice in a Noisy World* Karl Robb provides an assortment of tips and suggestions that have made a difference in his life and benefited him in his personal struggle with PD. This guide shows how one man successfully navigated the medical gauntlet with the support of his wife and care partner, and found his answers, often in the unlikeliest of places. Drawn from the pages of the popular Parkinsons blog, *ASoftVoice. com*, this once-skeptic turned Reiki master describes the importance of complementary therapies to Parkinsonians through his personal mind, body, and spirit journey, detailing the role these have played in the course of his personal healing. In this book you will learn how through maintaining a positive attitude and utilizing Reiki and other complementary therapies, Karl has kept his Parkinsons in check, slowed the diseases progression, and amazingly seen signs of improvement, even after over two decades of dealing with PD. This book is a compilation of hundreds of insights and practical tools intended to add inspiration and ease to your daily life, including suggestions and resources for bettering your patient-doctor experience, living a productive and happy life, staying fit and active, traveling, participating in support groups, being a PD advocate, improving your mind-body connection, and empowering yourself to heal. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.

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