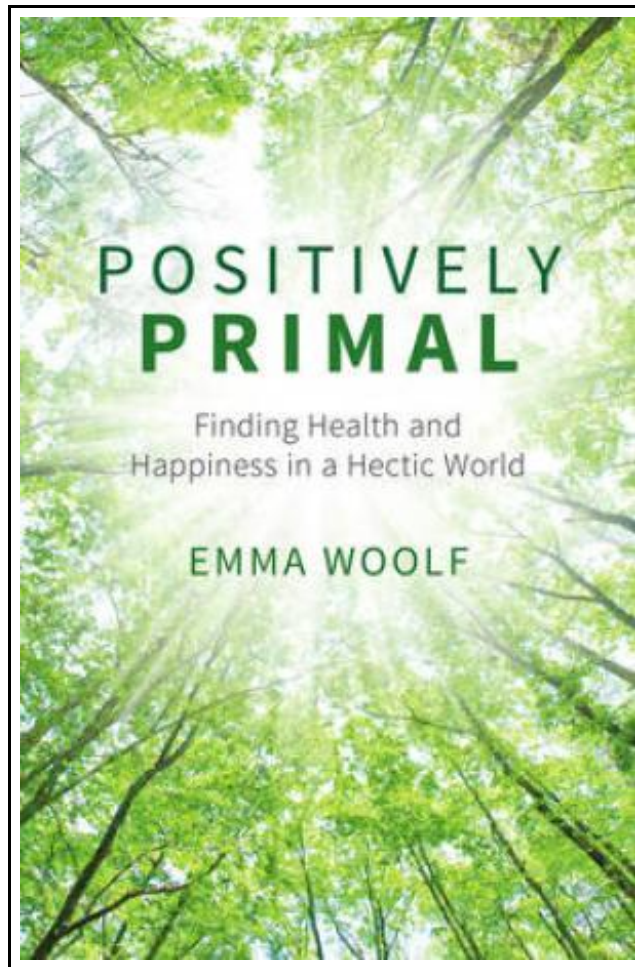


## Positively Primal : Finding Health and Happiness in a Hectic World



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