



## The "I Hate to Exercise" Book for People with Diabetes: Turn Everyday Home Activities into a Low-impact Fitness Plan You'll Love

By Hayes M.S., Charlotte

American Diabetes Association. PAPERBACK. Book Condition: New. 1580404936 Brand new, paperback, The I Hate to Exercise Book for People with Diabetes : Turn Everyday Home Activities into a Low-Impact Fitness Plan You'll Love by Charlotte Hayes (2013, Paperback), American Diabetes Assoc.

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-- **Loyal Grady**